



DATE:	17-12-2025	TIME:	04:58 PM
NAME:	Ooppp		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	-	-	72 bpm
BREATHING RATE:	-	-	16 breaths/min
OXYGEN SATURATION:	-	-	98 %
HEART RATE VARIABILITY:	-	-	60 ms
PRQ:	-	-	4.42 HR/RR
ACTIVITY:	-	-	2/5
SLEEP:	-	-	1/5
EQUILIBRIUM:	-	-	2/5
METABOLISM:	-	-	2/5
RELAXATION:	-	-	4/5
HEMOGLOBIN:	-	-	14.17 g/dL

DATE:	17-12-2025	TIME:	04:58 PM
NAME:	Ooppp		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HBA1C:	-	-	5.7 – 6.4 %
CHOLESTEROL:	-	-	141.58 mg/dL
CHOLESTEROL RISK:	-	-	18 %
CHOLESTEROL RANGE:	-	-	Normal
AFIB:	-	-	NSR
CARDIOVASCULAR AGE:	-	-	26
A1C RISK:	-	-	91.00 %
A1C RANGE:	-	-	5.62 - 6.45
HEALTH:	-	-	1/5
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK