



DATE:	27-09-2024	TIME:	10:37 PM
NAME:	erica brännström		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			93
BREATHING RATE:			
OXYGEN SATURATION:			98
BLOOD PRESSURE:			104 / 66
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			45
PRQ:			-1.00
ACTIVITY:			5
SLEEP:			5
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK