



DATE:	17-09-2024	TIME:	07:49 PM
NAME:	Shahvaiz Magsi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			111
BREATHING RATE:			20
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			138 / 86
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			46
PRQ:			5.55
ACTIVITY:			5
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK