



DATE:	09-09-2024	TIME:	05:09 PM
NAME:	Zebene		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		76	58
BREATHING RATE:		7	17
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		134 / 68	132 / 69
STRESS LEVEL:		Normal	Low
HEART RATE VARIABILITY:		31	56
PRQ:		11.34	3.52
ACTIVITY:		4	
SLEEP:		5	3
EQUILIBRIUM:		4	3
METABOLISM:		4	3

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RELAXATION:		2	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		6.5	6.5
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK