



DATE:	08-09-2024	TIME:	07:48 AM
NAME:	Zebene		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	71		
BREATHING RATE:	20		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	134 / 71		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	50		
PRQ:	3.51		
ACTIVITY:	5		
SLEEP:	4		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	3		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS  
LOG BOOK