



DATE:	05-10-2024	TIME:	09:20 PM
NAME:	Mohamed Aggag		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		84	99
BREATHING RATE:		14	29
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		129 / 68	115 / 81
STRESS LEVEL:		Mild	Low
HEART RATE VARIABILITY:		11	48
PRQ:		5.91	3.45
ACTIVITY:		2	5
SLEEP:		2	4
EQUILIBRIUM:		2	3
METABOLISM:		2	3

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RELAXATION:		1	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

# VITAL SIGNS

## LOG BOOK