



DATE:	25-02-2025	TIME:	10:59 PM
NAME:	Elaine Petrakis		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			65
BREATHING RATE:			18
OXYGEN SATURATION:			98
BLOOD PRESSURE:			109/83
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			34
PRQ:			3.5
ACTIVITY:			2
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			1
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK