



DATE:	11-10-2024	TIME:	07:19 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		60	67
BREATHING RATE:		11	10
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		109 / 72	109 / 73
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		91	35
PRQ:		5.68	6.70
ACTIVITY:		4	4
SLEEP:		1	5
EQUILIBRIUM:		3	4
METABOLISM:		3	4

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RELAXATION:		4	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK