



DATE:	15-09-2024	TIME:	04:34 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			53
BREATHING RATE:			14
OXYGEN SATURATION:			98
BLOOD PRESSURE:			124 / 86
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			80
PRQ:			3.73
ACTIVITY:			3
SLEEP:			2
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK