



DATE:	14-02-2025	TIME:	01:05 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		52	
BREATHING RATE:		19	
OXYGEN SATURATION:		96	
BLOOD PRESSURE:		127 / 84	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		79	
PRQ:		2.71	
ACTIVITY:			
SLEEP:		3	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK