



DATE:	07-09-2024	TIME:	07:28 PM
NAME:	Khaled Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			64
BREATHING RATE:			14
OXYGEN SATURATION:			94
BLOOD PRESSURE:			112/68
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			54
PRQ:			4.6
ACTIVITY:			3
SLEEP:			4
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			2
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK