



DATE:	11-02-2025	TIME:	01:32 PM
NAME:	Ann		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		77	
BREATHING RATE:		17	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		115 / 83	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		21	
PRQ:		4.58	
ACTIVITY:		4	
SLEEP:		3	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK