



DATE:	27-02-2025	TIME:	07:15 AM
NAME:	Mohammed Alkhudhair		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	66		
BREATHING RATE:	17		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	110/75		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	58		
PRQ:	3.9		
ACTIVITY:	2		
SLEEP:	4		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	3		
HEMOGLOBIN:			
HBA1C:	4.0 – 5.6		
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK