



DATE:	26-12-2024	TIME:	01:34 AM
NAME:	Jamie Lynn Escarsega		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	117		
BREATHING RATE:	17		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	113/69		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	73		
PRQ:	6.8		
ACTIVITY:	4		
SLEEP:	1		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	4		
HEMOGLOBIN:			
HBA1C:	4.0 – 5.6		
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK