



DATE:	04-11-2024	TIME:	05:40 PM
NAME:	jena Holcomb		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		123	112
BREATHING RATE:		15	21
OXYGEN SATURATION:		-1	-1
BLOOD PRESSURE:		130 / 67	121 / 67
STRESS LEVEL:		Low	Normal
HEART RATE VARIABILITY:		42	24
PRQ:		7.99	5.36
ACTIVITY:		5	3
SLEEP:		4	3
EQUILIBRIUM:		3	3
METABOLISM:		3	3

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RELAXATION:		3	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		6.5	6.5
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK