



DATE:	26-03-2025	TIME:	09:15 PM
NAME:	Fares Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			71
BREATHING RATE:			12
OXYGEN SATURATION:			98
BLOOD PRESSURE:			121 / 90
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			96
PRQ:			5.93
ACTIVITY:			2
SLEEP:			1
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK