



DATE:	06-03-2025	TIME:	02:29 PM
NAME:	Fares Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		50	
BREATHING RATE:		14	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		125 / 86	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		57	
PRQ:		3.63	
ACTIVITY:		4	
SLEEP:		3	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK