



DATE:	17-10-2024	TIME:	04:16 PM
NAME:	Kimberly		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			82
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			119 / 69
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			20
PRQ:			6.54
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK