



DATE:	17-12-2023	TIME:	03:04 PM
NAME:	final one		
	MORNING	MID-DAY	NIGHT
HEART RATE:	86	90	
BREATHING RATE:	21	21	
PRQ:	4.0	4.3	
STRESS LEVEL:	Low	Low	
BLOOD PRESSURE:	118/73	126/76	
HEART RATE VARIABILITY:	0.743	0.253	
OXYGEN SATURATION:	96	99	
HBA1C:	5.93	5.91	
HEMOGLOBIN:	12.1	12.4	
NOTES:			

# VITAL SIGNS

## LOG BOOK