



DATE:	17-12-2023	TIME:	06:03 AM
NAME:	ind		
	MORNING	MID-DAY	NIGHT
HEART RATE:	70		
BREATHING RATE:	20		
PRQ:	3.5		
STRESS LEVEL:	Low		
BLOOD PRESSURE:	115/69		
HEART RATE VARIABLITY:	0.329		
OXYGEN SATURATION:	98		
HBA1C:	5.05		
HEMOGLOBIN:	13.6		
NOTES:			

VITAL SIGNS

LOG BOOK