



DATE:	23-04-2024	TIME:	06:38 PM
NAME:	Heart		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			75
BREATHING RATE:			15
PRQ:			5.0
STRESS LEVEL:			Low
BLOOD PRESSURE:			112/70
HEART RATE VARIABILITY:			30
OXYGEN SATURATION:			99
HBA1C:			5.62
HEMOGLOBIN:			12.9
NOTES:			

# VITAL SIGNS

## LOG BOOK