



DATE:	11-05-2024	TIME:	05:05 PM
NAME:	Shannon Uppal		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			84
BREATHING RATE:			19
PRQ:			4.5
STRESS LEVEL:			High
BLOOD PRESSURE:			113/73
HEART RATE VARIABILITY:			80
OXYGEN SATURATION:			99
HBA1C:			5.77
HEMOGLOBIN:			13.4
NOTES:			

VITAL SIGNS

LOG BOOK