



DATE:	11-04-2024	TIME:	04:29 PM
NAME:	Shannon Uppal		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			104
BREATHING RATE:			19
PRQ:			5.4
STRESS LEVEL:			Medium
BLOOD PRESSURE:			116/77
HEART RATE VARIABILITY:			
OXYGEN SATURATION:			99
HBA1C:			5.56
HEMOGLOBIN:			13.6
NOTES:			

# VITAL SIGNS

## LOG BOOK