



DATE:	23-03-2024	TIME:	12:39 AM
NAME:	John Bill		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	71		
BREATHING RATE:	13		
PRQ:	5.2		
STRESS LEVEL:	Medium		
BLOOD PRESSURE:	119/73		
HEART RATE VARIABILITY:			
OXYGEN SATURATION:	99		
HBA1C:	6.05		
HEMOGLOBIN:	13.7		
NOTES:			

VITAL SIGNS

LOG BOOK