



DATE:	21-03-2024	TIME:	03:55 PM
NAME:	dry		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		68	
BREATHING RATE:		16	
PRQ:		4.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		88/67	
HEART RATE VARIABLITY:		37	
OXYGEN SATURATION:		99	
HBA1C:		5.25	
HEMOGLOBIN:		11.2	
NOTES:			

# VITAL SIGNS

## LOG BOOK