



DATE:	21-03-2024	TIME:	05:05 PM
NAME:	hj		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			92
BREATHING RATE:			18
PRQ:			5.0
STRESS LEVEL:			Low
BLOOD PRESSURE:			129/75
HEART RATE VARIABILITY:			32
OXYGEN SATURATION:			97
HBA1C:			5.26
HEMOGLOBIN:			13.7
NOTES:			

# VITAL SIGNS

## LOG BOOK