



DATE:	18-03-2024	TIME:	04:10 PM
NAME:	KC		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			63
BREATHING RATE:			19
PRQ:			3.3
STRESS LEVEL:			Low
BLOOD PRESSURE:			139/78
HEART RATE VARIABILITY:			14
OXYGEN SATURATION:			96
HBA1C:			6.08
HEMOGLOBIN:			12.0
NOTES:			

# VITAL SIGNS

## LOG BOOK