



DATE:	15-03-2024	TIME:	09:46 AM
NAME:	Yusuf		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		65	
BREATHING RATE:		18	
PRQ:		3.6	
STRESS LEVEL:		High	
BLOOD PRESSURE:		116/74	
HEART RATE VARIABLITY:		70	
OXYGEN SATURATION:		99	
HBA1C:		5.76	
HEMOGLOBIN:		12.1	
NOTES:			

# VITAL SIGNS

## LOG BOOK