



DATE:	09-03-2024	TIME:	08:20 PM
NAME:	Yosef Alqufidi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			74
BREATHING RATE:			14
PRQ:			5.2
STRESS LEVEL:			Low
BLOOD PRESSURE:			116/74
HEART RATE VARIABILITY:			37
OXYGEN SATURATION:			99
HBA1C:			5.59
HEMOGLOBIN:			13.8
NOTES:			

VITAL SIGNS

LOG BOOK