



DATE:	14-03-2024	TIME:	06:05 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	66		59
BREATHING RATE:	15		23
PRQ:	4.4		2.6
STRESS LEVEL:	Low		High
BLOOD PRESSURE:	110/71		115/71
HEART RATE VARIABILITY:	37		98
OXYGEN SATURATION:	96		99
HBA1C:	5.72		5.76
HEMOGLOBIN:	12.9		11.7
NOTES:			

# VITAL SIGNS

## LOG BOOK