



DATE:	22-02-2024	TIME:	01:17 PM
NAME:	yashwats		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		75	
BREATHING RATE:		21	
PRQ:		3.5	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		115/72	
HEART RATE VARIABLITY:		34	
OXYGEN SATURATION:		99	
HBA1C:		5.27	
HEMOGLOBIN:		12.8	
NOTES:			

# VITAL SIGNS

## LOG BOOK