



DATE:	07-03-2024	TIME:	06:27 PM
NAME:	uk		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			82
BREATHING RATE:			17
PRQ:			5.0
STRESS LEVEL:			MILD
BLOOD PRESSURE:			118/71
HEART RATE VARIABILITY:			0.735
OXYGEN SATURATION:			98
HBA1C:			5.21
HEMOGLOBIN:			13.7
NOTES:			

# VITAL SIGNS

## LOG BOOK