



DATE:	21-02-2024	TIME:	08:55 AM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		56	
BREATHING RATE:		23	
PRQ:		2.5	
STRESS LEVEL:		High	
BLOOD PRESSURE:		113/72	
HEART RATE VARIABLITY:		67	
OXYGEN SATURATION:		96	
HBA1C:		5.92	
HEMOGLOBIN:		12.4	
NOTES:			

# VITAL SIGNS

## LOG BOOK