



DATE:	22-02-2024	TIME:	07:21 PM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			76
BREATHING RATE:			14
PRQ:			5.6
STRESS LEVEL:			Low
BLOOD PRESSURE:			117/72
HEART RATE VARIABILITY:			37
OXYGEN SATURATION:			97
HBA1C:			5.46
HEMOGLOBIN:			13.2
NOTES:			

VITAL SIGNS

LOG BOOK