



DATE:	21-02-2024	TIME:	04:51 PM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			71
BREATHING RATE:			21
PRQ:			3.3
STRESS LEVEL:			Low
BLOOD PRESSURE:			123/75
HEART RATE VARIABILITY:			43
OXYGEN SATURATION:			98
HBA1C:			5.2
HEMOGLOBIN:			12.6
NOTES:			

# VITAL SIGNS

## LOG BOOK