



DATE:	20-02-2024	TIME:	03:58 PM
NAME:	Omar Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		86	
BREATHING RATE:		18	
PRQ:		4.9	
STRESS LEVEL:		Medium	
BLOOD PRESSURE:		113/70	
HEART RATE VARIABILITY:			
OXYGEN SATURATION:		96	
HBA1C:		5.85	
HEMOGLOBIN:		10.5	
NOTES:			

# VITAL SIGNS

## LOG BOOK