



DATE:	01-02-2024	TIME:	10:21 AM
NAME:	Alisa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		72	
BREATHING RATE:		11	
PRQ:		6.8	
STRESS LEVEL:		High	
BLOOD PRESSURE:			
HEART RATE VARIABLITY:		64	
OXYGEN SATURATION:			
HBA1C:		5.81	
HEMOGLOBIN:		12.9	
NOTES:			

VITAL SIGNS

LOG BOOK