



DATE:	01-02-2024	TIME:	12:27 PM
NAME:	tarik		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		103	
BREATHING RATE:		25	
PRQ:		4.2	
STRESS LEVEL:		Medium	
BLOOD PRESSURE:			
HEART RATE VARIABILITY:			
OXYGEN SATURATION:			
HBA1C:		5.11	
HEMOGLOBIN:		14.1	
NOTES:			

VITAL SIGNS

LOG BOOK