



DATE:	11-04-2024	TIME:	04:54 PM
NAME:	WELLTRA		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		101	70
BREATHING RATE:		19	24
PRQ:		5.4	3.0
STRESS LEVEL:		Medium	High
BLOOD PRESSURE:		116/74	116/74
HEART RATE VARIABILITY:			55
OXYGEN SATURATION:		99	99
HBA1C:		5.45	5.23
HEMOGLOBIN:		13.4	13.9
NOTES:			

VITAL SIGNS

LOG BOOK