



DATE:	22-02-2024	TIME:	01:10 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	79	85	
BREATHING RATE:	14	20	
PRQ:	5.5	4.2	
STRESS LEVEL:	Medium	Low	
BLOOD PRESSURE:	115/74	131/81	
HEART RATE VARIABILITY:		12	
OXYGEN SATURATION:	99	99	
HBA1C:	5.36	5.13	
HEMOGLOBIN:	12.6	13.4	
NOTES:			

VITAL SIGNS

LOG BOOK