



DATE:	21-02-2024	TIME:	11:01 AM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		74	
BREATHING RATE:		9	
PRQ:		8.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		125/79	
HEART RATE VARIABLITY:		31	
OXYGEN SATURATION:		99	
HBA1C:		5.39	
HEMOGLOBIN:		12.7	
NOTES:			

# VITAL SIGNS

## LOG BOOK