



DATE:	10-03-2024	TIME:	03:24 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		92	
BREATHING RATE:		18	
PRQ:		5.2	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		129/81	
HEART RATE VARIABILITY:		7	
OXYGEN SATURATION:		99	
HBA1C:		5.34	
HEMOGLOBIN:		12.8	
NOTES:			

# VITAL SIGNS

## LOG BOOK