



DATE:	19-12-2023	TIME:	08:37 PM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			55
BREATHING RATE:			16
PRQ:			3.4
STRESS LEVEL:			Low
BLOOD PRESSURE:			114/72
HEART RATE VARIABILITY:			1.594
OXYGEN SATURATION:			90
HBA1C:			5.18
HEMOGLOBIN:			13.4
NOTES:			

VITAL SIGNS

LOG BOOK