



DATE:	20-12-2023	TIME:	01:17 AM
NAME:	hinsh		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	69		
BREATHING RATE:	21		
PRQ:	3.4		
STRESS LEVEL:	High		
BLOOD PRESSURE:	114/73		
HEART RATE VARIABLITY:	1.21		
OXYGEN SATURATION:	96		
HBA1C:	5.71		
HEMOGLOBIN:	12.8		
NOTES:			

VITAL SIGNS

LOG BOOK