



DATE:	16-01-2024	TIME:	12:04 PM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		57	
BREATHING RATE:		20	
PRQ:		2.9	
STRESS LEVEL:		High	
BLOOD PRESSURE:			
HEART RATE VARIABILITY:		0.23	
OXYGEN SATURATION:			
HBA1C:		5.77	
HEMOGLOBIN:		11.8	
NOTES:			

VITAL SIGNS

LOG BOOK