



DATE:	18-12-2023	TIME:	03:27 PM
NAME:	ht		
	MORNING	MID-DAY	NIGHT
HEART RATE:		71	
BREATHING RATE:		19	
PRQ:		3.6	
STRESS LEVEL:		High	
BLOOD PRESSURE:		125/75	
HEART RATE VARIABLITY:		0.136	
OXYGEN SATURATION:		99	
HBA1C:		5.77	
HEMOGLOBIN:		12.3	
NOTES:			

# VITAL SIGNS

## LOG BOOK