



DATE:	13-08-2024	TIME:	01:03 PM
NAME:	Alaa Alqaidi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		74	
BREATHING RATE:		15	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		109/83	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		18	
PRQ:		4.9	
ACTIVITY:		1	
SLEEP:		3	
EQUILIBRIUM:		3	
METABOLISM:		3	

DATE:	13-08-2024	TIME:	01:03 PM
NAME:	Alaa Alqaidi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		1	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK