



DATE:	04-08-2024	TIME:	06:27 PM
NAME:	Austin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			114
BREATHING RATE:			26
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			104 / 67
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			36
PRQ:			4.45
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

# VITAL SIGNS

## LOG BOOK