



DATE:	29-07-2024	TIME:	07:09 AM
NAME:	Colin Weaver		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	47		
BREATHING RATE:	14		
OXYGEN SATURATION:	95		
BLOOD PRESSURE:	112 / 86		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	106		
PRQ:	3.39		
ACTIVITY:	3		
SLEEP:	1		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	4		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK