



DATE:	26-07-2024	TIME:	06:14 PM
NAME:	vishal K		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			75
BREATHING RATE:			21
OXYGEN SATURATION:			98
BLOOD PRESSURE:			115 / 67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			55
PRQ:			3.59
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK